

# WDFPF WORLD POWERLIFTING SINGLE LIFT CHAMPIONSHIP 2025

## Venue Location:

### PALATORRINO SPORT PALACE

Via Fiume Giallo 47, ROME 00144

GPS DD WGS-84: Lat. 41.809848 – Long. 12.428167

Palatorrino Sport Palace is located on a beautiful hill, in the middle of its own green park, into the City of Rome. The distance from the main international Airport (FCO) is only 15' minutes of car drive (about ten miles).

In front of the Sport Palace you could find a huge free parking, the bus stop and a big supermarket. Rome, the Capital of Roman Empire has a gigantic amount of interests, all possibility of visiting monuments, arts, museum, theatres, millenary buildings, ancient creative pictures, world famous masterpieces and countless things to do available for all ages, including hundreds of beautiful places to stay and to eat open all hours.

## How to Get There

### Airports:

Athletes coming from Leonardo Da Vinci Airport (FCO) could find "Leonardo Express Train" inside the Airport going directly to City Downtown and then could take the "Metromare Train Line" with a stopping train station located just under the hill of Palatorrino (exit: Tor Di Valle Station) less than one mile from the venue, with City Bus n.777 stop.

It's possible to fly even to Ciampino Airport (CIA), the second airport of Rome, located in the east part of the City, mainly for Ryanair and Wizzair flights. The distance is about 30' minutes (about 20 miles) by car or shuttle to the venue.

### Shuttle:

There are plenty of Shuttle Bus services going up and down to the City or Rome through Via del Mare, plenty of Taxi and Rent a Car services directly inside the FCO Airport and CIA Airport.

### Bus:

The City Bus n. 777 has a bus stop exactly in the front of the exact entrance of Palatorrino; Bus route is up to Rome EUR, Roma Ostiense Station and as mentioned before with its bus stop in front of Tor Di Valle Station of Metromare Line

### Train:

The main international train station is Roma Termini. Athletes need to take the Metro from Termini Station to Piramide Metro Station and take the Metromare Train, with direction to Ostia, stopping to the Tor Di Valle Station.

## Single Lift Competition:

The World WDFPF Championship will be organized within three different days of separate competitions.

Friday 13<sup>th</sup> June: Squat - Saturday 14<sup>th</sup> June: Bench Press - Sunday 15<sup>th</sup> June: Deadlift.

Athletes must start any competition discipline with the World Minimum WDFPF required in his Class and Category.

A sport medical certificate is recommended for competitors.

## Event Organization:

Organization provides: Eight full platforms located into the venue, two for Official competitions, six for athletes warm up. Four screens with results, four changing rooms plus two more rooms for Antidoping Control and Bar & Restaurant inside. Worldwide streaming for all competition days and a professional video and picture services will be available for athletes.

## Competition Entry Fees

You must qualify and apply only via your governing national WDFPF affiliated Federation.

### Entry fees:

First Competition 85 Euros

Each Further Competition: 35 Euros.

(Example: 1 Competition 85 Euros - 2 Competitions 120 Euros - 3 Competitions 155 Euros).

### Payments:

Entries must be paid from athletes to governing national federation and the national federation will remit all payments together directly to the Sport Organization of Italy (ITADFPF).

The new EU 2025 rules did request that all payments including sports must be made by bank wire transfer for EU nations.

Nations outside EU with any difficulties to make wire transfer could ask assistance and information to: [itadfpf@tiscali.it](mailto:itadfpf@tiscali.it).

Here below the bank account details:

ITADFPF A.S.D.

IBAN: IT31N 05034 30380 0000 0000 9547

SWIFT: BAPPIT21350

E-mail: [itadfpf@tiscali.it](mailto:itadfpf@tiscali.it)

# **WDFPF WORLD POWERLIFTING SINGLE LIFT CHAMPIONSHIP 2025**

## **Competition Information: 2 Platforms Trophies : As WDFPF rules**

### **Friday 13 June 2025: SQUAT UNEQUIPPED & EQUIPPED**

Weighing and competition will start after the entry deadline

### **Saturday 14 June 2025: BENCH UNEQUIPPED & EQUIPPED**

Weighing all athletes: 7:30 – 8:30 - Re-weights: 8:30 – 9:00

Competition start: 10:30

### **Sunday 15 June 2025: DEADLIFT UNEQUIPPED & EQUIPPED**

Weighing all athletes: 7:30 – 8:30 - Re-weights: 8:30 – 9:00

Competition start: 10:30

## **Championship Hotel in Rome:**

### **Hotel IBIS Roma Fiera**

Via Arturo Mercanti 63, 00148 Roma RM

[chiara.americo@accor.com](mailto:chiara.americo@accor.com) - [H5562-fo@accor.com](mailto:H5562-fo@accor.com)

- 24 Rooms available now remaining: 5 twin beds - 10 single/double - 9 double.
- Agreement ITADFPF/WDFPF : 90 € One person - 100 € Two persons

WDFPF LIFTERS NEED TO USE THIS CODE: "POWERLIFTING2025"

### **Booking condition for ITADFPF/WDFPF Athletes and Coaches:**

Deposit 30 % payment within 4th of April

Full balance (70% remaining) payment within 20th of May 2025.

- Rome City Fee: 6 € per person every day
- Breakfast: optional 9.50 € per person, starting 6.30 am.
- Free parking in front for customers.

### **Distance:**

With car/shuttle:

- 10/15 minutes from the FCO Main Airport of Rome "Leonardo Da Vinci".
- 10/15 minutes from the Venue Palatortino, depending on traffic.

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to book rooms with this special offer reserved only to WDFPF Athletes or Nation Coaches.

Many other hotels are available in the area.  
A list will follow for lodges and campings.

**We remember to all participants that this 2025 year, is the Jubilee Year.**

Thousands of visitors could be expected every day of this year always for all seasons.

We recommend to book early and check the availability of any lodge, inn, motel, bungalow, camping on time.