

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bulhac Valentina MOL (2/11/2014)	70	Bulhac Valentina MOL (2/11/2014)	40	Bulhac Valentina MOL (2/11/2014)	75	Bulhac Valentina MOL (2/11/2014)	185
<b>T2</b>	Desmet Cindy BEL 1996	47,5	Desmet Cindy BEL 1996	40,5	Desmet Cindy BEL 1996	72,5	Desmet Cindy BEL 1996	157,5
<b>T3</b>		0		0		0		0
<b>JR</b>		0		0	O Donnel Tara IRE ( 14/4/14)	0		0
<b>SR</b>	Lane Barb ENG 1992	82,5	Lane Barb ENG 1992	47,5	Lane Barb ENG 1992	115	Lane Barb ENG 1992	235
<b>M1</b>		0		0		0		0
<b>M2</b>		0		0		0		0
<b>M3</b>		0		0		0		0
<b>M4</b>	Reeves Pat ENG 2005	60	Reeves Pat ENG 2005	35	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	195
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Hart Mary USA 1997	75	Bulhac Valentina MOL (2/11/2014)	40	Hart Mary USA 1997	100	Hart Mary USA 1997	205
<b>T2</b>	Brost Shea USA 1996	100	Brost Shea USA 1996	42,5	Brost Shea USA 1996	120	Brost Shea USA 1996	257,5
<b>T3</b>	Crapo Erin USA 1999	85	Crapo Erin USA 1999	48	Crapo Erin USA 1999	95,5	Crapo Erin USA 1999	225
<b>JR</b>		60		35		125		167,5
<b>SR</b>	Gedney Judith USA 1990	125	Gedney Judith USA 1991	70	Scheffler Shirley USA 1994	155,5	Gedney Judith USA 1991	327,5
<b>M1</b>		92,5	Loomes Julie AUS 1997	52,5	Loomes Jullie AUS 1997	135	Loomes Julie AUS 1997	277,5
<b>M2</b>	Gedney Judith USA 1990	125	Gedney Judith USA 1990	67,5	Gedney Judith USA 1990	137,5	Gedney Judith USA 1990	325
<b>M3</b>	Gedney Judith USA 1991	122,5	Gedney Judith USA 1991	70	Gedney Judith USA 1991	145	Gedney Judith USA 1991	327,5
<b>M4</b>	Gedney Judith USA 1996	112,5	Gedney Judith USA 1996	55	Gedney Judith USA 1996	127,5	Gedney Judith USA 1996	295
<b>M5</b>		55		27,5		65		147,5
<b>M6</b>	Gedney Judith USA 2008	103	Gedney Judith USA 2007	53	Gedney Judith USA 2008	117,5	Gedney Judith USA 2008	270
<b>M7</b>	Gedney Judith USA (13/11/2011)	85	Gedney Judith USA (13/11/2011)	52,5	Gedney Judith USA (13/11/2011)	107,5	Gedney Judith USA (13/11/2011)	122,5
<b>M8</b>		40		25		47,5		112,5
<b>M9</b>		35		25		42,5		102,5
<b>M10</b>		32,5		25		37,5		95

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>	Thompson Paula ENG 1990	67,5	Thompson Paula ENG 1990	40	Thompson Paula ENG 1990	95	Thompson Paula ENG 1990 202,5
<b>T3</b>		0		0		0	0
<b>JR</b>	Kusnetsova Taisia UKR 2008	140	Kuznetsova Taisia UKR 2008	85	Kuznetsova Taisia UKR 2008	150	Kuznetsova Taisia UKR 2008 375
<b>SR</b>	Kusnetsova Taisia UKR 2008	140	Kuznetsova Taisia UKR 2008	85	Kuznetsova Taisia UKR 2008	150	Kuznetsova Taisia UKR 2008 375
<b>M1</b>		0		0		0	0
<b>M2</b>	Cherbonnel Marie FRA 1992	90	Cherbonnel Marie FRA 1992	76	Cherbonnel Marie FRA 1992	118	Cherbonnel Marie FRA 1992 282,5
<b>M3</b>	Boulle Lilliane FRA 1996	85		47,5	Boulle Lilliane FRA 1996	115	Boulle Lilliane FRA 1996 247,5
<b>M4</b>		0		0		0	0
<b>M5</b>		0		0		0	0
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>	Greenthal Kate USA 1996	95	Greenthal Kate USA 1996	35	Greenthal Kate USA 1996	105,5	Greenthal Kate USA 1996 235
<b>T2</b>	Brost Shea USA 1997	100	Brost Shae USA 1997	47,5	Brost Shea USA 1997	127,5	Brost Shea USA 1997 275
<b>T3</b>	Lindberg Carley USA 1995	105	Lindberg Carley USA 1995	47,5	Lindberg Carley USA 1995	110	Lindberg Carley USA 1995 262,5
<b>JR</b>	Kusnetsova Taisia UKR 2008	140	Kuznetsova Taisia UKR 2008	85	Kuznetsova Taisia UKR 2008	150	Kuznetsova Taisia UKR 2008 375
<b>SR</b>	Kusnetsova Taisia UKR 2008	140	Kuznetsova Taisia UKR 2008	85	Kovalchik Paula USA 1996	152,5	Kuznetsova Taisia UKR 2008 375
<b>M1</b>	Kovalchik Paula USA 1996	125	Kovalchik Paula USA 1996	70	Kovalchik Paula USA 1996	152,5	Kovalchik Paula USA 1996 340
<b>M2</b>	Shear Joanne USA 1995	97,5	Cherbonnel Marie FRA 1992	76	Ewing Patricia USA 1997	120,5	Cherbonnel Marie FRA 1992 282,5
<b>M3</b>	Gedney Judith USA 1992	125	Gedney Judith USA 1992	67,5	Gedney Judith USA 1992	137,5	Gedney Judith USA 1992 325
<b>M4</b>	Gedney Judith USA 1999	105	Gedney Judith USA 1997	57,5	Gedney Judith USA 1997	122,5	Gedney Judith USA 1999 285
<b>M5</b>	Gedney Judith USA 2002	117,5	Gedney Judith USA 2000	57,5	Gedney Judith USA 2002	125,5	Gedney Judith USA 2000 295
<b>M6</b>	Gedney Judith USA 2006	107,5	Gedney Judith USA 2009	52	Gedney Judith USA 2009	120,5	Gedney Judith USA 2006 275
<b>M7</b>		50		27,5		55	132,5
<b>M8</b>		45		27,5		50	122,5
<b>M9</b>		37,5		27,5		45	110
<b>M10</b>		35		25		40	100

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0	0	
<b>T2</b>		0		0		0	0	
<b>T3</b>	Van Casteren Hanne BEL 10/12/16	100	Van Casteren Hanne BEL 10/12/16	57,5	Van Casteren Hanne BEL 10/12/16	115	Van Casteren Hanne BEL 10/12/16	272,5
<b>JR</b>	Zarubina Natalia RUS 2006	142,5	Zarubina Natalia RUS 2006	77,5	Zarubina Natalia UKR 2006	147,5	Zarubina Natalia RUS 2006	362,5
<b>SR</b>	Zarubina Natalia RUS 2006	142,5	Smith Suzanne ENG 1993	85	Delbos E fra 1990	170	Delbos E FRA 1990	370
<b>M1</b>	Reuillion Helene FRA 1991	122,5	Reuillion Helene FRA 1991	60	Reuillion Helene FRA 1991	145	Reuillion Helene FRA 1991	327,5
<b>M2</b>	Cherbonnel Marie FRA 1993	100,5	Cherbonnel Marie FRA 1993	77,5	Guinard Marie FRA 1992	137,5	Guinard Marie FRA 1992	297,5
<b>M3</b>	Guinard Marie FRA 1993	102,5	Guinard Marie FRA 1993	65	Guinard Marie FRA 1993	125	Guinard Marie FRA 1993	285
<b>M4</b>		0		0		0	0	
<b>M5</b>		0		0		0	0	
<b>M6</b>		0		0		0	0	
<b>M7</b>		0		0		0	0	
<b>M8</b>		0		0		0	0	
<b>M9</b>		0		0		0	0	
<b>M10</b>		0		0		0	0	

## WORLD RECORDS

## WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		52,5		30		60	145	
<b>T2</b>	Bodlak Melanie USA 1996	107,5	Bodlak Melanie USA 1996	50	Bodlak Melanie USA 1996	120,5	Bodlak Melanie USA 1996	277,5
<b>T3</b>	Glines Amber USA 1997	100	Glines Amber USA 1997	57,5	Van Casteren Hanne BEL 10/12/16	115	Van Casteren Hanne BEL 10/12/16	272,5
<b>JR</b>	Zarubina Natalia RUS 2006	142,5	Zarubina Natalia RUS 2006	77,5	Zarubina Natalia UKR 2006	147,5	Zarubina Natalia RUS 2006	362,5
<b>SR</b>	McKinney Donna USA 1996	155	Smith Suzanne ENG 1993	85	Henry Kristal USA 1991	172,5	Chang Yueh-Chah USA 1993	392,5
<b>M1</b>	Reuillion Helene FRA 1991	122,5	Reuillion Helene FRA 1991	60	Loomes Julie AUS 1998	145,5	Reuillion Helene FRA 1991	327,5
<b>M2</b>	Rasor Sue USA 1993	120	Cherbonnel Marie FRA 1993	77,5	Rasor Sue USA 1993	138	Rasor Sue USA 1993	325
<b>M3</b>	Guinard Marie FRA 1993	102,5	Guinard Marie FRA 1993	65	Loomes Julie AUS 2008	132,5	Guinard Marie FRA 1993	285
<b>M4</b>	Gedney Judith USA 1998	110	Gedney Judith USA 1998	65	Gedney Judith USA 1998	130	Gedney Judith USA 1998	305
<b>M5</b>	Gedney Judith USA 2003	107,5	Gedney Judith USA 2003	50	Gedney Judith USA 2003	120	Gedney Judith USA 2003	277,5
<b>M6</b>		57,5		30		62,5	150	
<b>M7</b>		52,5		30		57,5	140	
<b>M8</b>		47,5		30		52,5	130	
<b>M9</b>		40		30		47,5	117,5	
<b>M10</b>		37,5		25		42,5	105	

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0	0	
T2		0		0		0	0	
T3		0		0		0	0	
JR	Senftleben Karolin GER 2011	70	Senftleben Karolin GER 2011	45	Senftleben Karolin GER 2011	92,5	Senftleben Karolin	207,5
SR	Smith Suzanne ENG 1993	140	Blindt Annette ENG 1991	87,5	Detonin Kim ENG 1990	155	Blindt Annette ENG 1991	370
M1	Reuillion Helene FRA 1993	112,5	Reuillion Helene FRA 1993	62,5	Reuillion Helene FRA 1993	140	Reuillion Helene FRA 1993	315
M2	Reuillion Helene FRA 1993	120	Watso Lesley ENG 2003	65	Reuillion Helene FRA 1993	137,5	Reuillion Helene FRA 1993	317,5
M3	Tranchart MF FRA 1993	105	Soulard A FRA 1992	60	Plouvier Bernadette BEL 1989	137,5	Plouvier Bernadette BEL 1989	332,5
M4		0		0		0	0	
M5		0		0		0	0	
M6		0		0		0	0	
M7		0		0		0	0	
M8		0		0		0	0	
M9		0		0		0	0	
M10		0		0		0	0	

## WORLD RECORDS

## WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Stevens Taylor USA (28/10/2012)	105	Stevens Taylor USA (28/10/2012)	47,5	Stevens Taylor USA (28/10/2012)	105	Stevens Taylor USA (28/10/2012)	257,5
T2	Helmick Natisch USA 1997	105	Helmick Natischa USA 1997	42,5	Helmick Natischa USA 1997	112,5	Helmick Natischa USA 1997	260
T3	Bodlak Melanie USA 1998	120	Thompsom Sara USA 1999	65	Bodlak Melanie USA 1998	132,5	Bodlak Melanie USA 1998	312,5
JR		72,5	Senftleben Karolin GER 2011	45	Senftleben Karolin GER 2011	92,5	Senftleben Karolin	207,5
SR	Garner Mindy USA 1989	157,5	Blindt Annette ENG 1991	87,5	Davis Jacqueline USA 1996	180	Davis Jacqueline USA 1996	410
M1	Brady Sandy USA 1991	140	Elwyn Susan USA 1992	70	Brady Sandy USA 1991	152,5	Brady Sandy USA 1991	360
M2	Rasor Sue USA 1994	127,5	Rasor Sue USA 1994	72,5	Bowers Sally USA 1991	148	Rasor Sue USA 1994	347,5
M3	Sullivan Sue USA 1996	130,5	Sullivan Sue USA 1996	67,5	Plouvier Bernadette BEL 1989	137,5	Plouvier Bernadette BEL 1989	332,5
M4		67,5		37,5		75		180
M5	Barron Loretta USA 1996	95	Barron Loretta USA 1996	45	Barron Loretta USA 1996	117,5	Barron Loretta USA 1996	257,5
M6		60		32,5		65		157,5
M7		55		32,5		62		147,5
M8		50		32,5		55		137,5
M9		42,5		32,5		50		135
M10		37,5		25		45		107,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		0		0		0	0
T2		0		0		0	0
T3		0		0		0	0
JR	Edmunds Jo ENG 1989	105	Edmunds Jo ENG 1989	57,5	Edmunds Jo ENG 1989	137,5	Edmunds Jo ENG 1989 300
SR	Lemoullec Edith FRA 1992	150	Blindt Annette ENG 1992	87,5	Lemoullec Edith FRA 1991	160	Lemoullec Edith FRA 1992 380
M1	MacDonald Debbie ENG 7/2/16	90	Elding Nicola ENG 2011	55	MacDonald Debbie ENG 7/2/16	135	Fourel M FRA 1992 267,5
M2	Smith Pat ENG 1992	100	Smith Pat ENG 1992	50	Smith Pat ENG 1992	121	Smith Pat ENG 1992 257,5
M3		0		0		0	0
M4		0		0		0	0
M5		0		0		0	0
M6		0		0		0	0
M7		0		0		0	0
M8		0		0		0	0
M9		0		0		0	0
M10		0		0		0	0

## WORLD RECORDS

## WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1	Sarris Maria USA 1995	120	Sarris Maria USA 1995	50	Sarris Maria USA 1995	141	Sarris Maria USA 1995 307,5
T2	Bodlak Melanie USA 1997	132,5	Bodlak Melanie USA 1997	60	Bodlak Melanie USA 1997	137,5	Bodlak Melanie USA 1997 330
T3	Blisset Tanya USA 1997	142,5	Blisset Tanya USA 1997	82,5	Blisset Tanya USA 1997	145	Blisset Tanya USA 1997 367,5
JR	Brown Samora USA 1994	158	Brown Samora USA 1994	65,5	Brown Samora USA 1994	167,5	Brown Samro USA 1994 390
SR	Adams Lee-Ann usa 1993	160	Blindt Annette ENG 1992	87,5	Adams Lee-Ann USA 1993	190	Adams Lee-Ann USA 1993 420
M1	Brady Sandy USA 1993	142,5	Keeble Gerriel USA 1994	70	Stein Ellen USA 1995	156	Brady Sandy USA 1993 365
M2	Gow Rose AUS 2007	103	Gow Rose AUS 2007	50,5	Gow Rose AUS 2007	130	Gow Rose AUS 2007 282,5
M3	Elwyn Susan USA 1997	125	Elwyn Susan USA 1997	65	Falconio Barb USA 1991	132,5	Elwyn Susan USA 1997 312,5
M4		70		40		77,5	187,5
M5	Winkleblech Carol USA 2004	87,5	Winkleblech Carol USA 2004	45	Winkleblech Carol USA 2004	135	Winkleblech Carol USA 2004 267,5
M6		62,5		35		67,5	165
M7		57,5		35		62,5	155
M8		52,5		35		57,5	145
M9		45		35		52,5	132,5
M10		40		25		47,5	115

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>		0		0		0	0
<b>T3</b>	Wuyts Helen BEL 2010	155	Wuyts Helen BEL 2010	90	Wuyts Helen BEL 2010	175	Wuyts Helen BEL 2010 420
<b>JR</b>	Wuyts Helen BEL (13/11/2011)	150	Wuyts Helen BEL (13/11/2011)	85	Wuyts Helen BEL (13/11/2011)	182,5	Wuyts Helen BEL (13/11/2011) 417,5
<b>SR</b>	Lima Rosi ENG (13/11/2011)	160	Rosa Lima ENG 07/04/2013	102,5	Wuyts Helen BEL (13/11/2011)	182,5	Lima Rosi ENG 07/04/2013 430
<b>M1</b>	Smith Orla IRE 2008	125	Smith Orla IRE 2008	71	Smith Orla IRE 2008	120	Smith Orla IRL 2008 307,5
<b>M2</b>	Vouillot N. FRA 1992	110	Vouillot N FRA 1992	55	Gyuot Brigitte FRA 2000	147,5	Vouillot N FRA 1992 300
<b>M3</b>	Trichot Maryse FRA 1991	100	Scott Janet ENG (13/11/2011)	53	Gyuot Brigitte FRA 2000	150	Gyuot Brigitte FRA 200 295
<b>M4</b>	Iaccarino Teresa ITA 2004	70	Iaccarino Teresa ITA 2004	42,5	Iaccarino Teresa ITA 2004	107,5	Iaccarino Teresa ITA 2004 212,5
<b>M5</b>		0		0		0	0
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		600		40		67,5	167,5
<b>T2</b>	Sarris Maria USA 1996	128,5	Sarris Maria USA 1996	52,5	Sarris Maria USA 1996	130	Sarris Maria USA 199 305
<b>T3</b>	Wuyts Helen BEL 2010	155	Wuyts Helen BEL 2010	90	Wuyts Helen BEL 2010	175	Wuyts Helen BEL 2010 420
<b>JR</b>	Wuyts Helen BEL (13/11/2011)	150	Schultz Rea USA 1999	87,5	Wuyts Helen BEL (13/11/2011)	182,5	Wuyts Helen BEL (13/11/2011) 417,5
<b>SR</b>	Altizer Betina USA 1994	195,5	Altizer Betina USA 1991	102,5	Ford Wanda USA 1996	187,5	Altizer Betina USA 475
<b>M1</b>	Stein Ellen USA 1996	147,5	Smith Orla IRE 2008	71	Stein Ellen USA 1996	160	Brady Sandy USA 1992 372,5
<b>M2</b>	Vouillot N. FRA 1992	110	Davis Pamela USA 1994	75	Gyuot Brigitte FRA 2000	147,5	Davis Pamela USA 1994 310
<b>M3</b>	Trichot Maryse FRA 1991	100	Scott Janet ENG (13/11/2011)	53	Gyuot Brigitte FRA 2000	150	Gyuot Brigitte FRA 200 295
<b>M4</b>	Hayes Nancy USA 1997	92,5	Hayes Nancy USA 1997	65	Hayes Nancy USA 1997	125	Hayes Nancy USA 1997 282,5
<b>M5</b>		70		40		77,5	187,5
<b>M6</b>		65		37,5		70	172,5
<b>M7</b>		60		37,5		65	162,5
<b>M8</b>		55		37,5		60	152,5
<b>M9</b>		47,5		37,5		55	140
<b>M10</b>		42,5		25		50	120

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0		0
<b>T2</b>	Poznyak Jena RUS 2003	120	Poznyak Jena RUS 2003	70	Poznyak Jena RUS 2003	130		320
<b>T3</b>	Wuyts Helen BEL 2009	155	Wuyts Helen BEL 2009	85	Wuyts Helen BEL 2009	170	Wuyts Helen BEL 2009	410
<b>JR</b>	Wuyts Helen BEL (28/10/2012)	152,5	Wuyts Helen BEL (28/10/2012)	90,5	Wuyts Helen BEL (28/10/2012)	187,5	Wuyts Helen BEL (28/10/2012)	430
<b>SR</b>	Pelhet Maryse FRA 2002	170	Lagrange Stephanie	110	Wuyts Helen BEL (28/10/2012)	187,5	Wuyts Helen BEL (28/10/2012)	430
<b>M1</b>	Bureau Martine FRA 1990	120	Bureau Martine FRA 1990	75	Bureau Martine FRA 1990	130	Bureau Martine FRA 1990	325
<b>M2</b>	Bureau Martine FRA 1992	120	Bureau Martine FRA 1992	75	Gyuot Brigitte FRA 2000	147,5	Bureau Martine FRA 1992	327,5
<b>M3</b>	Auger Sylvie FRA 2002	115	Auger Sylvie FRA 2002	55	Auger Sylvie FRA 2002	130	Auger Sylvie FRA 2002	300
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Chapman Crystal USA 1995	112,5	Chapmann Crystal USA 1995	57,5	Chapman Crystal USA 1995	117,5	Chapman Krystal USA 1995	287,5
<b>T2</b>	Poznyak Jena RUS 2003	120	Poznyak Jena RUS 2003	70	Manker Ber USA 1996	150	Poznyak Jena RUS 2003	320
<b>T3</b>	Wuyts Helen BEL 2009	155	Wuyts Helen BEL 2009	85	Wuyts Helen BEL 2009	170	Wuyts Helen BEL 2009	410
<b>JR</b>	Wuyts Helen BEL (28/10/2012)	152,5	Wuyts Helen BEL (28/10/2012)	90,5	Wuyts Helen BEL (28/10/2012)	187,5	Wuyts Helen BEL (28/10/2012)	430
<b>SR</b>	Stevens Michelle usa 1993	192,5	Lagrange Stephanie FRA (31-03-1	110	Stevens Michelle USA 1994	207,5	Stevens Michelle USA 1989	467,5
<b>M1</b>	Lehans Dara USA 1996	155	Bureau Martine FRA 1990	75	Lehans-Scott Dara USA 1996	172,5	Lehans-Scott Dara USA 1996	392,5
<b>M2</b>	Bureau Martine FRA 1992	120	Bureau Martine FRA 1992	75	Gyuot Brigitte FRA 2000	147,5	Bureau Martine FRA 1992	327,5
<b>M3</b>	Kostadinov Helen AUS 1998	120	Kostadinov Helen AUS 1998	67	Kostadinov Helen AUS 1998	148	Kostadinov Helen AUS 1998	332,5
<b>M4</b>	Falconio Barb USA 1994	130	Falconio Barb USA 1994	62,5	Falconio Barb USA 1994	152,5	Falconio Barb USA 1994	345
<b>M5</b>	Decker Norma USA 1991	92,5	Decker Norma USA 1991	42,5	Decker Norma USA 1991	125	Decker Norma USA 1991	260
<b>M6</b>	Kostadinov Helen AUS 2008	107,5	Kostadinov Helen AUS 2008	62,5	Kostadinov Helen AUS 2008	135	Kostadinov Helen AUS 2008	302,5
<b>M7</b>	Kostadinov Helen AUS (01/11/20	87,5	Kostadinov Helen AUS (01/11/20	50	Kostadinov Helen AUS (01/11/20	125	Kostadinov Helen AUS (01/11/20	262,5
<b>M8</b>		57,5		40		62,5		160
<b>M9</b>		50		40		57,5		147,5
<b>M10</b>		42,5		27,5		52,5		122,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>	Willan Emma ENG 1993	170	Willan Emma ENG 1993	70	Willan Emma ENG 1993	170	Willan Emma ENG 1993 410
<b>T3</b>	Willan Emma ENG 1994	180	Willan Emma ENG 1994	75	Willan Emma ENG 1994	180	Willan Emma ENG 1994 435
<b>JR</b>		0		0		0	0
<b>SR</b>	Williams Helen ENG 1994	185,5	Stumpvova Petra IRE 2006	105		200	Williams Helen ENG 1994 472,5
<b>M1</b>	Hewlett Judith ENG 1993	97,5	Hewlett Judith ENG 1992	56	Hewlett Judith ENG 1993	145	Hewlett Judith ENG 1993 295
<b>M2</b>	Smith Pat ENG 1990	95		50	Smith Pat ENG 1990	130	Smith Pat ENG 1990 275
<b>M3</b>	Perrone Susana ITA (12/11/2016)	100	Perrone Susana ITA (12/11/2016)	72,5	Perrone Susana ITA (12/11/2016)	120	Perrone Susana ITA (12/11/2016) 292,5
<b>M4</b>		0		0		0	0
<b>M5</b>		0		0		0	0
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>	Houser Alexia USA 1995	135	Houser Alexia USA 1995	55	Houser Alexia USA 1995	142,5	Houser Alexia USA 1995 327,5
<b>T2</b>	Willan Emma ENG 1993	170	Willan Emma ENG 1993	70	Willan Emma ENG 1993	170	Willan Emma ENG 1993 410
<b>T3</b>	Willan Emma ENG 1994	180	Willan Emma ENG 1994	75	Willan Emma ENG 1994	180	Willan Emma ENG 1994 435
<b>JR</b>	Rempel Jodee CAN 2000	110	Rempel Jodee CAN 2000	57,5	Shaffer Cheritha USA (28/10/2012)	127,5	Rempel Jodee CAN 1999 282,5
<b>SR</b>	Pierce Jackie USA 1989	187,5	Pierce Jackie USA 1989	105	Pierce Jackie USA 1989	220	Pierce Jackie USA 1989 512,5
<b>M1</b>	Mangold Lisa USA 2008	130	Mangold Lisa USA 2008	62,5	Hewlett Judith ENG 1993	145	Mangold Lisa USA 2008 327,5
<b>M2</b>	Reif Joann USA 1995	125	Gill Susan USA 1997	62,5	Gill Susan USA 1996	152,5	Gill Susan USA 1997 325
<b>M3</b>	Kostadinov Helen AUS 1998	115	Perrone Susana ITA (12/11/2016)	72,5	Kostadinov Helen AUS 1998	145	Kostadinov Helen AUS 1998 325
<b>M4</b>	Kostadinov Helen AUS 2000	120	Kostadinov Helen AUS 2000	67,5	Kostadinov Helen AUS 2000	150	Kostadinov Helen AUS 2000 337,5
<b>M5</b>	Kostadinov Helen AUS 2007	112,5	Kostadinov Helen AUS 2007	65	Kostadinov Helen AUS 2007	135	Kostadinov Helen AUS 2007 312,5
<b>M6</b>	Kostadinov Helen AUS 2009	100	Kostadinov Helen AUS 2009	60	Kostadinov Helen AUS 2009	132,5	Kostadinov Helen AUS 2009 292,5
<b>M7</b>	Larkin Phylis USA 1991	72,5	Larkin Phylis USA 1991	35	Larkin Phylis USA 1991	107,5	Larkin Phylis USA 1991 215
<b>M8</b>		60		42,5		70	172,5
<b>M9</b>		52,5		40		62,5	155
<b>M10</b>		47,5		30		57,5	135



# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2		0		0		0		0
T3		0		0		0		0
JR		0		0		0		0
<b>SR</b>	Anderson Mary SCT (13/11/2011)	200,5	Anderson Mary SCO 2009	116	Anderson Mary SCO 2009	220	Anderson Mary SCT (13/11/2011)	527,5
<b>M1</b>	Anderson Mary SCT (13/11/2011)	200,5	Anderson Mary SCO 2009	116	Anderson Mary SCO 2009	220	Anderson Mary SCT (13/11/2011)	527,5
<b>M2</b>	Anderson Mary SCT (11/05/2014)	192,5	Anderson Mary SCT (06/04/2014)	115	Anderson Mary GBR (12/11/2016)	200,5	Anderson Mary SCT (06/04/2014)	502,5
<b>M3</b>	Anderson Mary SCT (31/3/18)	175	Anderson Mary SCT (31/3/18)	110	Anderson Mary SCT (31/3/18)	200	Anderson Mary SCT (31/3/18)	485
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Sparks Amber CAN 1997	145	Sparks Amber CAN 1997	70	Sparks Amber CAN 1997	150	Sparks Amber CAN 1997	365
T2	Eisenberg Erin USA 1995	167,5	Eisenberg Erin USA 1995	77,5	Eisenberg Erin USA 1995	182,5	Eisenberg Erin USA 1995	427,5
T3	Stone Melissa USA 1999	157,5	Davis Jeni USA 1992	57,5	Stone Melissa USA 1999	157,5	Stone Melissa USA 1999	365
JR	Goffin Nicole NZL 1997	162,5	Goffin Nicole NZL 1997	85	Goffin Nicole NZL 1997	170	Goffin Nicole NZL 1997	412,5
<b>SR</b>	Ojanen Betty USA 1994	205,5	Anderson Mary SCO 2009	116	Anderson Mary SCO 2009	220	Anderson Mary SCT (13/11/2011)	527,5
<b>M1</b>	Anderson Mary SCT (13/11/2011)	200,5	Anderson Mary SCO 2009	116	Anderson Mary SCO 2009	220	Anderson Mary SCT (13/11/2011)	527,5
<b>M2</b>	Anderson Mary SCT (11/05/2014)	192,5	Anderson Mary SCT (06/04/2014)	115	Anderson Mary GBR (12/11/2016)	200,5	Anderson Mary SCT (06/04/2014)	502,5
<b>M3</b>	Anderson Mary SCT (31/3/18)	175	Anderson Mary SCT (31/3/18)	110	Anderson Mary SCT (31/3/18)	200	Anderson Mary SCT (31/3/18)	485
<b>M4</b>		95		60		107,5		262,5
<b>M5</b>		90		57,5		102,5		250
<b>M6</b>		80		52,7		92,5		225
<b>M7</b>		72,5		47,5		82,5		202,5
<b>M8</b>		65		45		75		185
<b>M9</b>		57,5		42,5		67,5		167,5
<b>M10</b>		52,5		32,5		60		145

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2		0		0		0		0
T3		0		0		0		0
JR	Monguyen M FRA 2001	150	Monguyen M FRA 2001	55	Monguen M FRA 2001	150	Monguyen N Fra 2001	355
SR	McKinley Bernadette SCO 2008	195	McKinley Bernadette SCO 2007	125	Anderson Mary SCO 2010	212,5	Anderson Mary SCO 2010	507,5
M1	Anderson Mary SCO 2010	190	Anderson Mary SCO 2010	117,5	Anderson Mary SCO 2010	212,5	Anderson Mary SCO 2010	507,5
M2	Anderson Mary SCO 8/4/16	180	Anderson Mary SCO 8/4/16	115	Anderson Mary SCO 8/4/16	200,5	Anderson Mary SCO 8/4/16	495
M3	Borgia Maria Teresa ITA (12/11/20)	142,5	Borgia Maria Teresa ITA (12/11/20)	92,5	Borgia Maria Teresa ITA (12/11/20)	165	Borgia Maria Teresa ITA (12/11/20)	400
M4		0		0		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

## WORLD RECORDS

## WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Sparks Amber CAN 1996	150	Sparks Amber CAN 1996	60	Sparks Amber CAN 1996	135	Sparks Amber CAN 1996	345
T2	Hagemann Mary USA 1999	152,5	Hagemann Mary USA 1999	77,5	Hagemann Mary USA 1999	142,5	Hagemann Mary USA 1999	370
T3	Eisenberg Erin USA 1996	187,5	Eisenberg Erin USA 1996	80	Eisenberg Erin USA 1996	197,5	Eisenberg Erin USA 1996	462,5
JR	Monguyen M FRA 2001	150	Parr Brandye USA 1997	60	Monguen M FRA 2001	150	Monguyen N Fra 2001	355
SR	Avey Nikki USA 1996	227,5	McKinley Bernadette SCO 2007	125	Anderson Mary SCO 2010	212,5	Anderson Mary SCO 2010	507,5
M1	Anderson Mary SCO 2010	190	Anderson Mary SCO 2010	117,5	Anderson Mary SCO 2010	212,5	Anderson Mary SCO 2010	507,5
M2	Anderson Mary SCO 8/4/16	180	Anderson Mary SCO 8/4/16	115	Anderson Mary SCO 8/4/16	200,5	Anderson Mary SCO 8/4/16	495
M3	Borgia Maria Teresa ITA (12/11/20)	142,5	Borgia Maria Teresa ITA (12/11/20)	92,5	Borgia Maria Teresa ITA (12/11/20)	165	Borgia Maria Teresa ITA (12/11/20)	400
M4	Trevorah Ellen USA 1993	145	Trevorhah Ellen USA 1993	75	Trevorah Ellen USA 1993	145	Trevorah Ellen USA 1993	365
M5		97,5		62,5		110		270
M6		87,5		57,5		100		245
M7		80		52,5		90		222,5
M8		72,5		50		80		202,5
M9		65		50		72,5		187,5
M10		57,5		35		65		157,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0	0	
T2		0		0		0	0	
T3		0		0		0	0	
JR		0		0	Hynes Pippa GBR (20/06/19)	125	0	
SR	Hodjumkulova Laura RUS 1997	192,5	Hodjumkulova Laura RUS 1997	92,5	Hodjumkulova Laura RUS 1997	202,5	Anderson Mary SCT 8/4/16	495
M1		0		0		0	0	
M2		0		0		0	Anderson Mary SCT 8/4/16	495
M3		0		0		0	0	
M4		0		0		0	0	
M5		0		0		0	0	
M6		0		0		0	0	
M7		0		0		0	0	
M8		0		0		0	0	
M9		0		0		0	0	
M10		0		0		0	0	

## WORLD RECORDS

## WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		87,5		52,5		100	240	
T2	Greenup Sarah USA 1999	205	Greenup Sarah USA 1999	92,5	Greenup Sarah USA 1999	170	Greenup Sara USA 1999	467,5
T3	Kiriaki Lisa USA 1996	195	Kiriaki Lisa USA 1996	80	Kiriaki Lisa USA 1996	162,5	Kiriaki Lisa USA 1996	432,5
JR		120		72,5		135	327,5	
SR	Schulz Julie USA 1994	218	Regan Cyndi USA 1992	130	Hodjumkulova Laura RUS 1997	202,5	Regan Cyndi USA 1992	517,5
M1	Regan Cyndi USA 1992	213	Regan Cyndi USA 1992	130	Vincent Barbara USA 1995	187,5	Regan Cyndi USA 1992	517,5
M2	Regan Cyndi USA 1993	200	Regan Cyndi USA 1993	115	Regan Cyndi USA 1992	191	Anderson Mary SCT 8/4/16	495
M3		115		70		127,5	312,5	
M4	Dean Krystyn 1996	142,5	Dean Krystyn USA 1996	80	Regan Cyndi USA 1996	177,5	Dean Krystyn USA 1996	365
M5		105		65	Harlow Mary Jo USA 1999	122,5	Harlow Mary Jo USA 1999	272,5
M6		95		60		102,5	257,5	
M7		85		55		92,5	232,5	
M8		77,5		52,5		82,5	212,5	
M9		70		52,5		75	197,5	
M10		62,5		37,5		67,5	167,5	

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Prodan Adrian MOL (2/11/2014)	90,5	NOTRE D. BEL 97	57,5	DAVIES G. ENG 93	125,5	NOTRE D. BEL 97	262,5
<b>T2</b>	Hons Matthew BEL (29/04/2017)	135	Hons Matthew BEL (29/04/2017)	85	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL (29/04/2017)	385
<b>T3</b>	MUSIK M. POL 93	120	MUSIK M. POL 93	77,5	MUSIK M. POL 93	160	MUSIK M. POL 93	357,5
<b>JR</b>	GOGGI A. ITA 04	110	GOGGI A. ITA 04	80	GOGGI A. ITA 04	155	GOGGI A. ITA 04	345
<b>SR</b>	FORBES B. IRE 97	170,5	FORBES B. IRE 97	97,5	LEGARD P. FRA 91	197,5	FORBES B. IRE 97	460
<b>M1</b>	FORBES B. IRE 98	167,5	FORBES B. IRE 98	97,5	FORBES B. IRE 98	185	FORBES B. IRE 98	450
<b>M2</b>		0		0		0		0
<b>M3</b>	INNOCENTI L. ITA 04	110	INNOCENTI L. ITA 04	65	INNOCENTI L. ITA 04	155	INNOCENTI L. ITA 04	330
<b>M4</b>	ANDRIEU P. FRA 92	125	ANDRIEU P. FRA 92	70	ANDREUI P. FRA 92	172,5	ANDRIEU P. FRA 92	362,5
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	GENARO J. USA 99	142,5	GENARO J. USA 99	68	JENKINS D. USA 96	150	GENARO J. USA 99	352,5
<b>T2</b>	Hons Matthew BEL (29/04/2017)	135	Hons Matthew BEL (29/04/2017)	85	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL (29/04/2017)	385
<b>T3</b>	WADHWA A. USA 96	155	WADHWA A. USA 96	87,5	WADHWA A. USA 96	172,5	WADHWA A. USA 96	410
<b>JR</b>	WHIGHAM A. USA 96	170	WADHWA A. USA 97	90	WHIGHAM A. USA 96	197,5	WHIGHAM A. USA 96	455
<b>SR</b>	NGUYEN D. USA 94	198	NGUYEN D. USA 93	110	CASTRO M. USA 98	215	NGUYEN D. USA 94	505
<b>M1</b>	FORBES B. IRE 98	167,5	FORBES B. IRE 98	97,5	FORBES B. IRE 98	185	FORBES B. IRE 98	450
<b>M2</b>	SCHLEGEL R. USA 91	155	SCHLEGEL R. USA 91	77,5	SCHLEGEL R. USA 91	170	SCHLEGEL R. USA 91	400
<b>M3</b>	INNOCENTI L. ITA 04	110		72,5	INNOCENTI L. ITA 04	155	INNOCENTI L. ITA 04	330
<b>M4</b>	ANDRIEU P. FRA 92	125	ANDRIEU P. FRA 92	70	ANDREUI P. FRA 92	172,5	ANDRIEU P. FRA 92	362,5
<b>M5</b>		100		67,5		105		272,5
<b>M6</b>		90		60		95		245
<b>M7</b>		80		55		85		220
<b>M8</b>		72,5		50		77,5		200
<b>M9</b>		65		45		70		180
<b>M10</b>		57,5		40		62,5		160

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DAVIES G. WAL 94	95	DAVIES G. WAL 94	52,5	DAVIES G. ENG 94	135	DAVIES G. WAL 94	282,5
<b>T2</b>	HAYERS B. FRA 93	132,5	HAYERS B. FRA 93	67,5	HAYERS B. FRA 93	175	HAYERS B. FRA 93	375
<b>T3</b>	GERRARD L. ENG 92	143	GERRARD L. ENG 92	82,5	OGOREK P. ENG 93	165	GERRARD L. ENG 92	385
<b>JR</b>	FINN A. ENG 99	90	FINN A. ENG 99	50	FINN A. ENG 99	130	FINN A. ENG 99	270
<b>SR</b>	FORBES B. IRE 98	183	FORBES B. IRE 99	107,5	KHAN M. ENG 94	213	BROUILLET F. FRA 91	492,5
<b>M1</b>	FORBES B. IRE 98	183	FORBES B. IRE 99	107,5	FORBES B. IRE 98	197,5	FORBES B. IRE 98	482,5
<b>M2</b>	SOERNORMAN JP. FRA 00	177,5	PALCY G. FRA 92	90,5	SOENARMAN JP. FRA 00	170	SOENARMAN JP. FRA 00	432,5
<b>M3</b>		0		0		0		0
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	RENN R. USA 97	140	LARTHEY D. USA 96	85	RENN R. USA 97	167,5	RENN R. USA 97	367,5
<b>T2</b>	WYNN M. USA 96	197,5	CURATOLO D. USA 97	107,5	WYNN M. USA 93	190	WYNN M. USA 96	472,5
<b>T3</b>	WYNN M. USA 97	212,5	WYNN M. USA 97	92,5	WYNN M. USA 97	215	WYNN M. USA 97	517,5
<b>JR</b>	GUTIERREZ P. USA 97	180	GUTIERREZ P. USA 97	97,5	GUTIERREZ P. USA 97	205	GUTIERREZ P. USA 97	482,5
<b>SR</b>	PATTAWAY D. USA 91	215	HIGGINS F. USA 93	132,5	WEISS D. USA 96	233	PATTAWAY D. USA 91	545
<b>M1</b>	HIGGINS F. USA 94	187,5	HIGGINS F. USA 93	132,5	HIGGINS F. USA 93	200	HIGGINS F. USA 93	505
<b>M2</b>	SOERNORMAN JP. FRA 00	177,5	PALCY G. FRA 92	90,5	SCHLEGEL R. USA 92	180	SOENARMAN JP. FRA 00	432,5
<b>M3</b>		115		77,5		120		312,5
<b>M4</b>		110		72,5		115		297,5
<b>M5</b>		105		62,5		110		285
<b>M6</b>	SMITH D. USA 97	95	SMITH D. USA 97	77,5	SMITH D. USA 97	167,5	SMITH D. USA 97	380
<b>M7</b>		85		57,5		90		232,5
<b>M8</b>		77,5		52,5		80		210
<b>M9</b>		70		47,5		72,5		190
<b>M10</b>		62,5		42,5		65		170

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	MAZUR K. POL 93	150	MAZUR K. POL 93	105	MAZUR K. POL 93	180	MAZUR K. POL 93	435
<b>T2</b>	DAVIES G. WAL 94	170	MAZZONE ITA 04	112,5	MAZZONE S. ITA 04	190	MAZZONE S. ITA 04	432,5
<b>T3</b>	TYERS S. ENG 09	165	TYERS S. ENG 09	117,5	TYERS ST. ENG 09	210,5	TYERS S. ENG 09	492,5
<b>JR</b>	CROOKS P. ENG 93	170	FERROIS L. FRA 97	105	CONIGLIARO D. ITA 05	200	CROOKS P. ENG 93	440
<b>SR</b>	LEDROIT M. FRA 90	230	Gideon Aaron ENG 2010	150	HOLLOWAY S. ENG 91	250	VINCENT B. FRA 92	595
<b>M1</b>	GUTTERIDGE A. ENG 91	201	GUTTERIDGE A. ENG 91	136,5	GUTTERIDGE A. ENG 91	225	GUTTERIDGE A. ENG 91	560
<b>M2</b>	BROWN S. ENG 07	187,5	BROWN S. ENG 07	95	BROWN S. ENG 07	215	BROWN S. ENG 07	495
<b>M3</b>	DURDEY G. ENG 95	152,5	DURDYE G. ENG 95	86	DURDEY G. ENG 95	195	DURDEY G. ENG 95	430
<b>M4</b>	DURDEY G. ENG 96	140	TIDONA V. FRA 90	100	DURDEY G. ENG 96	187,5	DURDEY G. ENG 96	410
<b>M5</b>	TIDONA V. FRA 92	160	TIDONA V. FRA 92	109	TIDONA V. FRA 92	185	TIDONA V. FRA 92	442,5
<b>M6</b>	DUFFIELD J. ENG 93	125	DUFFIELD J. ENG 95	70	DUFFIELD J. ENG 93	185	DUFFIELD J. ENG 95	367,5
<b>M7</b>		0		0		0		0
<b>M8</b>	Brown Ted ENG 2010	105	Brown Ted ENG 2010	70	Brown Ted ENG 2010	140	Brown Ted ENG 2010	305
<b>M9</b>	Brown Ted ENG (13/11/2011)	107,5	Brown Ted ENG (13/11/2011)	85	Brown Ted ENG (13/11/2011)	145	Brown Ted ENG (13/11/2011)	337,5
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	PEDLY E. USA 92	165	MAZUR K. POL 93	105	PELDY E. USA 92	185	MAZUR K. POL 93	435
<b>T2</b>	DAVIES G. WAL 94	170	Glasgow Austin USA (28/10/2012)	127,5	MAZZONE S. ITA 04	190	Glasgow Austin USA (28/10/2012)	452,5
<b>T3</b>	WYNN M. USA 98	217,5	TYERS S. ENG 09	117,5	TYERS ST. ENG 09	210,5	WYNN M. USA 98	535
<b>JR</b>	WYNN M. USA 99	220	WYNN M. USA 99	110	WYNN M. USA 99	220	WYNN M. USA 99	550
<b>SR</b>	OLSEN B. USA 95	237,5	Gideon Aaron ENG 2010	150	WEISS D. USA 98	250,5	OLSEN B. USA 95	600
<b>M1</b>	GUTTERIDGE A. ENG 91	201	GUTTERIDGE A. ENG 91	136,5	GUTTERIDGE A. ENG 91	225	GUTTERIDGE A. ENG 91	560
<b>M2</b>	BROWN S. ENG 07	187,5	LITCHFIELD F. AUS 96	112,5	BROWN S. ENG 07	215	BROWN S. ENG 07	495
<b>M3</b>	GRIFFITH P. USA 96	192,5	GRIFFITH P. USA 96	100	DURDEY G. ENG 95	195	GRIFFITH P. USA 96	465
<b>M4</b>	GLASS F. USA 92	185	TIDONA V. FRA 90	100	DURDEY G. ENG 96	187,5	DURDEY G. ENG 96	410
<b>M5</b>	TIDONA V. FRA 92	160	TIDONA V. FRA 92	109	TIDONA V. FRA 92	185	TIDONA V. FRA 92	442,5
<b>M6</b>	KAWASAKI N. USA 96	150	KAWASAKI N. USA 96	97,5	KAWASAKI N. USA 96	185,5	KAWASAKI N. USA 97	427,5
<b>M7</b>	NOLAN R. USA 96	95	NOLAN R. USA 96	62,5	NOLAN R. USA 96	127,5	NOLAN R. USA 96	285
<b>M8</b>	Brown Ted ENG 2010	105	Brown Ted ENG 2010	70	Brown Ted ENG 2010	140	Brown Ted ENG 2010	305
<b>M9</b>	Brown Ted ENG (13/11/2011)	107,5	Brown Ted ENG (13/11/2011)	85	Brown Ted ENG (13/11/2011)	145	Brown Ted ENG (13/11/2011)	337,5
<b>M10</b>		67,5		45		70		182,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	ABERY N. ENG 93	150	ABERY N. ENG 93	75	ABERY N. ENG 93	160	Abery Neil ENG 1993	385
<b>T2</b>	Rutherford Ryan ENG (29/3/15)	186	MAZZONE S. ITA 04	112,5	CAETANO N. FRA 93	220	Caetano N. FRA 1993	520
<b>T3</b>	KUCZERA M. POL 93	220	KUCZERA M. POL 93	150	SWALLOW T. ENG 94	252,5	Kuczera Mariusz POL 1993	600
<b>JR</b>	SWALLOW T. ENG 96	230,5	MC NAB J. ENG 07	120	SWALLOW T. ENG 95	260	Swallow Toby ENG 1996	602,5
<b>SR</b>	VOROBOJOV S. RUS 93	260,5	Santi Alessio ITA (3/11/2018)	165	HOLLOWAY S. ENG 96	275	Possohokhin Peter RUS 1994	652,5
<b>M1</b>	HOLLOWAY S. ENG 95	212,5	Rutherford Paul SCT (06/04/2014)	138	HOLLOWAY S. ENG 96	275	Holloway Steve ENG 1996	612,5
<b>M2</b>	RUTHERFORD PAUL GBR (3/11/2012)	207,5	GUTTERIDGE A. ENG 96	145	GUERIN J. ENG 89	250	Guerin John ENG 1989	550
<b>M3</b>	LEDROIT M. FRA 92	207,5	Binyan R. ENG 90	105,5	LEDROIT M. FRA 92	212,5	Ledroit Michel FRA 1993	512,5
<b>M4</b>	MC BRIDE M. SCO 07	206	MC BRIDE M. SCO 07	120	MC BRIDE M. SCO 07	237,5	McBride Mike SCO 2007	560
<b>M5</b>	COLLELA A. ITA 06	205	COLLELA A. ITA 06	117,5	COLLELA A. ITA 06	200	Colella Antonio ITA 2006	522,5
<b>M6</b>	Colella Antonio ITA (6/05/2012)	155	Colella Antonio ITA (6/05/2012)	85	Colella Antonio ITA (6/05/2012)	180	Colella Antonio ITA 2007	420
<b>M7</b>	TIDONA V. FRA 00	165	TIDONA V. FRA 00	120	TIDONA V. FRA 00	185	Tidona Vincenzo FRA 2000	455
<b>M8</b>	TIDONA V. FRA 07	150	TIDONA V. FRA 07	95	TIDONA V. FRA 07	165	Tidona Vincenzo FRA 2007	405
<b>M9</b>	Tidona Vincenzo FRA (13/11/2011)	155	Tidona Vincenzo FRA (13/11/2011)	92,5	TIDONA V. FRA 2010	175	Tidona Vincenzo FRA 2011	415
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	THURMAN C. USA 99	165	THURMAN C. USA 99	92,5	THURMAN C. USA 99	192,5	Thurman Chris USA 1999	445
<b>T2</b>	WRIGHT D. USA 96	195	MAZZONE S. ITA 04	112,5	CAETANO N. FRA 93	220	Caetano N. FRA 1993	520
<b>T3</b>	KUCZERA M. POL 93	220	KUCZERA M. POL 93	150	SWALLOW T. ENG 94	252,5	Kuczera Mariusz POL 1993	600
<b>JR</b>	SWALLOW T. ENG 96	230,5	MC NAB J. ENG 07	120	SWALLOW T. ENG 95	260	Swallow Toby ENG 1996	602,5
<b>SR</b>	CONYERS T. USA 96	287,5	CONYERS T. USA 96	182,5	CONYERS T. USA 96	302,5	Conyers Tony USA 1996	772,5
<b>M1</b>	JOHNSON S. USA 93	230	Rutherford Paul SCT (06/04/2014)	138	HOLLOWAY S. ENG 96	275	Johnson S USA 1993	612,5
<b>M2</b>	GRIFFITH P. USA 93	220	GUTTERIDGE A. ENG 96	145	GUERIN J. ENG 89	250	Guerin John ENG 1989	550
<b>M3</b>	LAWSON M. USA 91	240	PELLEGRINO J. USA 96	126	LEDROIT M. FRA 92	212,5	Lawson Mike USA 1991	540
<b>M4</b>	MC BRIDE M. SCO 07	206	MC BRIDE M. SCO 07	120	MC BRIDE M. SCO 07	237,5	McBride Mike SCO 2007	560
<b>M5</b>	COLLELA A. ITA 06	205	CORTES R. USA 94	122,5	CORTES R. USA 94	220	Cortes Robert USA 1994	525
<b>M6</b>	CORTES R. USA 97	190	CORTES R. USA 96	125	CORTES R. USA 96	225	Cortes Robert USA 1996	535
<b>M7</b>	TIDONA V. FRA 00	165	TIDONA V. FRA 00	120	TIDONA V. FRA 00	185	Tidona Vincenzo FRA 2000	455
<b>M8</b>	TIDONA V. FRA 07	150	TIDONA V. FRA 07	95	TIDONA V. FRA 07	165	Tidona Vincenzo FRA 2007	405
<b>M9</b>	Tidona Vincenzo FRA (13/11/2011)	155	Tidona Vincenzo FRA (13/11/2011)	92,5	TIDONA V. FRA 2010	175	Tidona Vincenzo FRA 2011	415
<b>M10</b>		75		52,5		80		207,5



# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Russo Alex ITA (3/11/2018)	165	Eeckhout Laurens BEL 2011	115	Eeckhout Laurens BEL 2011	172,5	Eeckhout Laurens BEL 2011	450
<b>T2</b>	ABERY N. ENG 95	215	MARAKXICZ M. POL 92	120	Masudi Jayda BEL (5/05/2018)	221	Hoarau G fra 1992	520
<b>T3</b>	Gurbanov Ahmet TKM (13/11/2011)	235,5	Gurbanov Ahmet TKM (13/11/2011)	140	TRCINSKI N. POL 93	230	Gurbanov Ahmet TKM (13/11/2011)	585
<b>JR</b>	Sudarminto Indra BEL (11/05/2014)	290	Sudarminto Indra BEL (11/05/2014)	178	SWALLOW T. ENG 98	272,5	Sudarminto Indra BEL (11/05/2014)	725
<b>SR</b>	Sudarminto Indra BEL (11/05/2014)	290	Vanhee Emmerik BEL (14/12/2014)	185,5	BURDEN A. ENG 96	293	Sudarminto Indra BEL (11/05/2014)	725
<b>M1</b>	Mikosz Dean ENG (13/11/2011)	255	Mikosz Dean ENG 2011	167,5	TROULLIS G. CYP 04	277,5	Troullis George CYP 2004	650
<b>M2</b>	REMY R. BEL 98	220	Costa Pascal FRA ( 23/03/2013)	160	BRETON P. FRA 05	277,5	Troullis George CYP 2007	637,5
<b>M3</b>	SHAW M. ENG 92	227,5	HAMON L. FRA 07	133,5	SHAW M. ENG 91	255,5	Shaw Mike ENG 1991	600
<b>M4</b>	FAIRHUST D. ENG 09	197,5	Delaporte Daniel FRA 2007	130	SHAW M. ENG 97	230	Fairhurst David ENG 2009	542,5
<b>M5</b>	Delaporte Daniel	182,5	Delaporte Daniel FRA 2010	115	ATTAL C. FRA 97	225,5	Delaporte Daniel FRA 2010	497,5
<b>M6</b>	CAMUS-MOLLET D. FRA 02	177,5	SKAKOV B. RUS 03	115	CAMUS-MOLLET D. FRA 02	202,5	Camus-Mollet Daniel FRA 2002	480
<b>M7</b>	MARSHALL D. ENG 00	152,5	MARSHALL D. ENG 01	83,5	MARSHALL D. ENG 00	185	Marshall Derek ENG 2000	417,5
<b>M8</b>	Tidona Vincenzo FRA 2010	155	Tidona Vincenzo FRA 2010	95	Tidona Vincenzo	175	Tidona Vincenzo FRA 2010	415
<b>M9</b>	Tidona Vincenzo FRA 2011	140	Tidona Vincenzo FRA 2011	85	Tidona Vincenzo FRA 2011	160	Tidona Vincenzo FRA 2011	385
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	HARLOW B. USA 96	185	Eeckhout Laurens BEL 2011	115	HARLOW B. USA 96	190	Harlow Ben USA 1996	467,5
<b>T2</b>	DECKERS J. USA 96	217,5	WALTERS J. USA 95	140	DECKERS J. USA 96	255	Deckers Joshua USA 1996	582,5
<b>T3</b>	Gurbanov Ahmet TKM (13/11/2011)	235,5	WALTERS J. USA 96	147,5	WALTERS J. USA 96	255	Walters John USA 1996	637,5
<b>JR</b>	Sudarminto Indra BEL (11/05/2014)	290	Sudarminto Indra BEL (11/05/2014)	178	THOMAS E. USA 97	272,5	Sudarminto Indra BEL (11/05/2014)	725
<b>SR</b>	Sudarminto Indra BEL (11/05/2014)	290	Vanhee Emmerik BEL (14/12/2014)	185,5	BENEMERITO R. USA 94	305	Beavers Martin USA 1990	740
<b>M1</b>	MICHAEL R. USA 97	280	Mikosz Dean ENG 2011	167,5	TROULLIS G. CYP 04	277,5	Michael Roy USA 1997	675
<b>M2</b>	MORRISON A. AUS 96	230	Costa Pascal FRA ( 23/03/2013)	160	BRETON P. FRA 05	277,5	Troullis George CYP 2007	637,5
<b>M3</b>	KRUEGER J. USA 97	230	RAFAEL A. USA 94	157,5	SHAW M. ENG 91	255,5	Shaw Mike ENG 1991	600
<b>M4</b>	FLORES R. USA 97	245	DELAPORTE D. FRA 07	130	FLORES R. USA 97	245	Flores Rich USA 1997	592,5
<b>M5</b>	HAMBLIN E. USA 92	200	HAMBLIN E. USA 92	120	HAMBLIN E. USA 91	235	Hamblin Fred USA 1991	550
<b>M6</b>	PLAYER B. USA 04	190	PLAYER B. USA 04	145	PLAYER B. USA 04	203	Player Bill USA 2004	537,5
<b>M7</b>	MARSHALL D. ENG 00	152,5	ARCHANBAULT F. USA 96	90	MARSHALL D. ENG 00	185	Marshall Derek ENG 2000	417,5
<b>M8</b>	Tidona Vincenzo FRA 2010	155	Tidona Vincenzo FRA 2010	95	Tidona Vincenzo FRA	175	Tidona Vincenzo FRA 2010	415
<b>M9</b>	Tidona Vincenzo FRA 2011	140	Tidona Vincenzo FRA 2011	85	Tidona Vincenzo FRA 2011	160	Tidona Vincenzo FRA 2011	385
<b>M10</b>		82,5		57,5		85		225



# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	BORGERS S. BEL 00	215	BORGERS S. BEL 00	130	BORGERS S. BEL 00	260	Borgers Sebastien BEL 2000	605
<b>T2</b>	BORGERS S. BEL 00	230,5	GOSLING S. SCO 05	140	BORGERS S. BEL 00	262,5	Borgers Sebastien BEL 2000	612,5
<b>T3</b>	SERVOTTE G. BEL 98	260,5	SOWONSKI D. POL 92	140	Bell Darren SCO 2011	215	Servotte Geoffroy BEL 1999	607,5
<b>JR</b>	Sudarminto Indra BEL (14/12/2014)	305	Sudarminto Indra BEL (14/12/2014)	185	Sudarminto Indra BEL (14/12/2014)	290	Sudarminto Indra BEL (14/12/2014)	780
<b>SR</b>	Sudarminto Indra BEL (12/12/2015)	305,5	Soenes Gillis BEL (12/12/2015)	188	VERBEKE B. BEL 02	318	Nikhisin Vladimir RUS 1993	780
<b>M1</b>	VAN NIEKERK E. ENG 97	290	Mandorano M. IRE 08	183,5	VERBEKE B. BEL 06	300	Verbeke Beny BEL 2006	710
<b>M2</b>	MELDON R. ENG 2011	293	MELDON R. ENG 09	170	BOUCHACOUR A. FRA 91	270	Meldon Rick ENG 2009	715
<b>M3</b>	Morese Francesco ITA (6/05/2012)	240	GARNIER C. FRA 92	150	Morese Francesco ITA (6/05/2012)	260	Morese Francesco ITA (6/05/2012)	640
<b>M4</b>	HIRST G. ENG 93	205	CAMPBELL A. SCO 06	142,5	MURDIE K. ENG 93	240	Murdie Keith ENG 1993	540
<b>M5</b>	Amey Mick ENG (3/11/2013)	215,5	ASKEW J. ENG 98	142,5	Amey Mick ENG (3/11/2013)	235	Amey Mick ENG (3/11/2013)	560
<b>M6</b>	Amey Mick ENG (29/3/15)	205	RODGER D. ENG 93	133	Amey Mick ENG (29/3/15)	230	Amey Mick ENG (29/3/15)	542,5
<b>M7</b>	GALLACHER J. ENG 04	160	GALLACHER J. ENG 04	70	GALLACHER J. ENG 04	200	Gallachar John ENG 2004	430
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	BORGERS S. BEL 00	215	JOHNSON J. USA 99	145	BORGERS S. BEL 00	260	Borgers Sebastien BEL 2000	605
<b>T2</b>	BORGERS S. BEL 00	230,5	GOSLING S. SCO 05	140	GOLDEN P. USA 97	262,5	Golden Parco USA 1997	617,5
<b>T3</b>	SERVOTTE G. BEL 98	260,5	DEXTER A. CAN 94	145,5	DEXTER A. CAN 94	260,5	Wojtal J usa 1992	637,5
<b>JR</b>	Sudarminto Indra BEL (14/12/2014)	305	Sudarminto Indra BEL (14/12/2014)	185	Sudarminto Indra BEL (14/12/2014)	290	Sudarminto Indra BEL (14/12/2014)	780
<b>SR</b>	WAGNER R. USA 93	332,5	FLICK N. AUS 98	193	BENEMERITO R. USA 95	337,5	Bridges Mike USA 1989	810
<b>M1</b>	VAN NIEKERK E. ENG 97	290	Mandorano M. IRE 08	183,5	VERBEKE B. BEL 06	300	Verbeke Beny BEL 2006	710
<b>M2</b>	MELDON R. ENG 2011	293	THOMAS W. USA 93	190	THOMAS W. USA 93	295	Thomas Xalker USA 1993	757,5
<b>M3</b>	GLUMAC R. USA 96	290	DEJARLAIS B. CAN 00	167,5	GLUMAC R. USA 96	272,5	Glumac Richard USA 1996	690
<b>M4</b>	GREGG H. USA 93	227,5	ROUSE J. USA 96	175	FLEISCHERE E. USA 94	250	Rouse James USA 1996	630
<b>M5</b>	Amey Mick ENG (3/11/2013)	215,5	ASKEW J. ENG 98	142,5	White Eddie (MPF) USA (3/11/2013)	272,5	White Eddie (MPF) USA (3/11/2013)	580
<b>M6</b>	Amey Mick ENG (29/3/15)	205	RODGER D. ENG 93	133	Amey Mick ENG (29/3/15)	230	Amey Mick ENG (29/3/15)	542,5
<b>M7</b>	GALLACHER J. ENG 04	160	ACOSTA B. USA 96	75	GALLACHER J. ENG 04	200	Gallachar John ENG 2004	430
<b>M8</b>		107,5		77,5		115		300
<b>M9</b>		97,5		70		102,5		270
<b>M10</b>		87,5		62,5		92,5		242,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	PYE L. ENG 94	152,5	PYE L. ENG 94	80	PYE L. ENG 94	170	Pye Lee ENG 1994	400
<b>T2</b>	Grosu Vadim MOL (2/11/2014)	170,5	Grosu Vadim MOL (2/11/2014)	95	THOMAS S. WAL 94	212,5	Grosu Vadim MOL (2/11/2014)	455
<b>T3</b>	SERVOTTE G. BEL 99	300	SERVOTTE G. BEL 99	162,5	HOLMES C. ENG 94	247,5	Servotte Geoffroy BEL 1999	702,5
<b>JR</b>	BILICAN O. BEL 00	285	BILICAN O. BEL 00	195	Stevens Nick SCO 2011	320	Bilican Ohran BEL 2000	730
<b>SR</b>	Abery Neil	320	Vaillant Cyrille FRA (06/05/2012)	202,5	Stevens Nick SCO 2011	320	Brown William GBR (4/11/2018)	735
<b>M1</b>	Brown William GBR (4/11/2018)	305	Vaillant Cyrille FRA (1/11/2015)	203	PILLING L. ENG 97	315	Vaillant Cyrille FRA (1/11/2015)	785
<b>M2</b>	BONNER A. ENG 01	287,5	LUKA J. POL 94	175	Verbeke Beny BEL (14/12/2014)	305	Bonner Andy ENG 2001	737,5
<b>M3</b>	VAN NIEKERK E. ENG 2009	276	Valfrey Patrick FRA ( 19/3/165)	177,5	Verbeke Beny BEL (12/12/2015)	302,5	Ambler Derek ENG 1998	700
<b>M4</b>	Bonner Andy ENG ( 22/4/12 )	257,5	Bonner Andy ENG ( 22/ 4/12 )	153	Bonner Andy ENG ( 22/4/12)	280	Bonner Andy ENG ( 22/4/12 )	690
<b>M5</b>	HUDSON P. ENG 95	220	DECARPIGNY M. FRA 93	130	HUDSON P. ENG 96	252,5	Hudson Peter ENG 1995	592,5
<b>M6</b>	GUILLOT A. FRA 93	200	FULTON J. SCO 91	127,5	GUILLOT A. FRA 93	220	Guillot A FRA 1993	532,5
<b>M7</b>	Williams Douglass WAL 2010	170	Theyssens Martin BEL (27/05/2012)	120	Williams Douglas WAL 2010	180	Mansfield Dave USA (4/11/2018)	517,5
<b>M8</b>	Williams Douglass WAL (06/04/2010)	150	Williams Douglass WAL (06/04/2010)	85	Williams Douglass WAL (06/04/2010)	160	Williams Douglass WAL (06/04/2010)	395
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Sparks Clay CAN 2010	210	STEVENS J. USA 95	125	Sparks Clay CAN 2010	200	Stevens John USA 1995	480
<b>T2</b>	FORD J. USA 95	211	WARD R. CAN 92	120	HOVER R. AUS 93	230	Ford Justin USA 1996	532,5
<b>T3</b>	SERVOTTE G. BEL 99	300	HOYT C. USA 99	170	WATSON B. USA 96	262,5	Servotte Geoffroy BEL 1999	702,5
<b>JR</b>	KLAYHOLD K. USA 98	305	BILICAN O. BEL 00	195	CHARR C. USA 97	335	Charr Gahagan USA 1997	742,5
<b>SR</b>	PAYNE C. USA 99	327,5	MA AULIFFE J. USA 96	208	SCIALPI S. USA 92	353	Keyhea Vincent USA 1991	857,5
<b>M1</b>	Brown William GBR (4/11/2018)	305	Vaillant Cyrille FRA (1/11/2015)	203	PILLING L. ENG 97	315	Vaillant Cyrille FRA (1/11/2015)	785
<b>M2</b>	BONNER A. ENG 01	287,5	LUKA J. POL 94	175	Verbeke Beny BEL (14/12/2014)	305	Bonner Andy ENG 2001	737,5
<b>M3</b>	VAN NIEKERK E. ENG 2009	276	Valfrey Patrick FRA ( 19/3/165)	177,5	Verbeke Beny BEL (12/12/2015)	302,5	Rouse James USA 1992	720
<b>M4</b>	Bonner Andy ENG ( 22/4/12 )	257,5	Bonner Andy ENG ( 22/ 4/12 )	153	Bonner Andy ENG ( 22/4/12)	280	Bonner Andy ENG ( 22/4/12 )	690
<b>M5</b>	HUDSON P. ENG 95	220	ROSENFELD B. USA 94	140	HUDSON P. ENG 96	252,5	Hudson Peter ENG 1995	592,5
<b>M6</b>	Mansfield Dave USA (1/11/2015)	216	REMLEY B. USA 96	132,5	Mansfield Dave USA (1/11/2015)	241	Remley Bill USA 1996	575
<b>M7</b>	Mansfield Dave USA (4/11/2018)	205	Theyssens Martin BEL (27/05/2012)	120	Mansfield Dave USA (4/11/2018)	215	Mansfield Dave USA (4/11/2018)	517,5
<b>M8</b>	Williams Douglass WAL (06/04/2010)	150	LEE C. USA 96	115	LEE C. USA 93	200	Lee Charles USA 1996	460
<b>M9</b>		102,5		72,5		110		285
<b>M10</b>		92,5		65		100		257,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	RICCARDI N. FRA 99	165	RICCARDI N. FRA 99	95	RICCARDI N. FRA 99	185	Riccardi Nicolas FRA 1999	445
<b>T2</b>	TETUA T. FRA 01	225	RICCARDI N. FRA 01	120	TETUA T. FRA 01	230	Tetua Tehina FRA 2001	565
<b>T3</b>	LYNG A. ENG 02	225	TCHENG-TCHENG J. FRA 03	130	TCHENG-TCHENG J. FRA 03	245	Tcheng-Tcheng J FRA 2003	595
<b>JR</b>	PRIOR A. IRE 98	310	Campbell Simon N.IR 2010	207,5	PRIOR A. IRE 98	305	Hanley James IRL 2010	750
<b>SR</b>	<b>SAUNDERS M. ENG 07</b>	<b>317,5</b>	<b>SAUNDERS M. ENG 07</b>	<b>230</b>	<b>SAUNDERS M. ENG 07</b>	<b>335</b>	<b>Saunders Matt ENG 2010</b>	<b>880</b>
<b>M1</b>	PILLING L. ENG 96	315	Saunders Matthew ENG 2010	220	Saunders Matthew	320,5	Saunders Matt ENG 2007	840
<b>M2</b>	PILLING L. ENG 01	310	SMITH D. IRE 06	217,5	PILLING L ENG 00	305	Smith David IRE 2006	802,5
<b>M3</b>	Cowley Arthur SCT (13/11/2011)	287,5	Cowley Arthur SCT (13/11/2011)	195	JEX T. ENG 08	287,5	Cowley Arthur SCT (13/11/2011)	750
<b>M4</b>	WEST J. IRE 98	252,5	Barker Tony ENG 2008	160	WEST J. IRE 98	280	West John IRE 1998	690
<b>M5</b>	WEST J. IRE 02	240	WEST J. IRE 02	155	WEST J. IRE 02	270,5	West John IRE 2002	665
<b>M6</b>	HUDSON P. ENG 00	215	DIEU N. BEL 00	150	HUDSON P ENG 00	260	Dieu Noel BEL 2000	595
<b>M7</b>	Walker John ENG (22/4/12)	195	FULTON J. SCO 97	140	Walker John ENG ( 22/4/12)	225	Walker John ENG ( 22/4/12 )	532,5
<b>M8</b>	Walker John ENG (31/3/18)	125	Walker John ENG (31/3/18)	102,5	Walker John ENG (31/3/18)	190	Walker John ENG (31/3/18)	417,5
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Katsumata Yudai USA (07/06/15 )	187,5	Katsumata Yudai USA (07/06/15 )	122,5	RICCARDI N. FRA 99	185	Katsumata Yudai USA (07/06/15 )	477,5
<b>T2</b>	BECKER B. USA 96	240	Ruiz Alejandro USA 2015	160	FLOYD N. USA 97	272,5	Floyd Nick USA 1997	620
<b>T3</b>	KOO E. USA 96	252,5	MONTAGUE P. CAN 98	145	KOO E. USA 96	282,5	Koo Edward USA 1996	677,5
<b>JR</b>	PRIOR A. IRE 98	310	Campbell Simon N.IR 2010	207,5	CAHILL J. USA 96	332,5	Cahill James USA 1996	792,5
<b>SR</b>	<b>MORTEN J. USA 96</b>	<b>345</b>	<b>SAUNDERS M. ENG 07</b>	<b>230</b>	<b>MORTON J. USA 95</b>	<b>357,5</b>	<b>Saunders Matt ENG 2010</b>	<b>880</b>
<b>M1</b>	GRAHAM J. USA 94	325	Saunders Matthew ENG 2010	220	Saunders Matthew	320,5	Saunders Matt ENG 2007	840
<b>M2</b>	PILLING L. ENG 01	310	SMITH D. IRE 06	217,5	PILLING L ENG 00	305	Smith David IRE 2006	802,5
<b>M3</b>	Cowley Arthur SCT (13/11/2011)	287,5	Cowley Arthur SCT (13/11/2011)	195	KING A. USA 97	295	Cowley Arthur SCT (13/11/2011)	750
<b>M4</b>	ROOD R. CAN 96	272,5	Givens Floyd USA 2010	175	WEST J. IRE 98	280	Rood Robert CAN 1996	707,5
<b>M5</b>	MANSFIELD D. USA 09	265	WEST J. IRE 02	155	WEST J. IRE 02	270,5	West John IRE 2002	665
<b>M6</b>	Mansfield Dave USA (28/10/2012)	247,5	DIEU N. BEL 00	150	HUDSON P ENG 00	260	Mansfield Dave USA (28/10/2012)	607,5
<b>M7</b>	Walker John ENG (22/4/12)	195	FULTON J. SCO 97	140	Walker John ENG ( 22/4/12)	225	Walker John ENG ( 22/4/12 )	532,5
<b>M8</b>	Walker John ENG (31/3/18)	125	Walker John ENG (31/3/18)	102,5	Walker John ENG (31/3/18)	190	Walker John ENG (31/3/18)	417,5
<b>M9</b>		107,5		75		115		297,5
<b>M10</b>		97,5		67,5		102,5		267,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DEXTER J. ENG 96	125	DEXTER J. ENG 96	80	DEXTER J. ENG 96	200	Dexter John ENG 1996	395
<b>T2</b>	MEEHAN TJ. IRE 06	240	MEEHAN TJ. IRE 06	135	Zabolotnic Bogdan MOL (2/11/2014)	220	Meehan TJ IRL 2006	590
<b>T3</b>	LYNG A. ENG 02	235	MEEHAN TJ. IRE 08	140	SPENCER P. ENG 97	220	Lyng Andrew ENG 2002	585
<b>JR</b>	Smith Bradley ENG 8/4/16	280	VAN NIJLEN F. BEL 01	210	VAN NIJLEN F. BEL 01	250	Smith Bradley ENG 8/4/16	700
<b>SR</b>	HARRIOT L. ENG 98	350	Kashirin Alexey RUS (6/05/2012)	247,5	HARRIOT L. ENG 99	340	Harriot Les ENG 1999	900
<b>M1</b>	NORTON M. ENG 08	345	NORTON M. ENG 06	242,5	ANDREWS P. ENG 96	332,5	Harriot Les ENG 2001	885
<b>M2</b>	Norton Mark ENG (13/11/2011)	327,5	Norton Mark ENG (13/11/2011)	232,5	PILLING L. ENG 02	305	Norton Mark ENG (13/11/2011)	825
<b>M3</b>	PILLING L. ENG 07	302,5	PILLING L. ENG 05	200	PILLING L. ENG 05	300	Pilling Les ENG 2005	790
<b>M4</b>	Pilling Leslie ENG (13/11/2011)	265	WEST J. IRE 00	162,5	Pilling Leslie ENG (13/11/2011)	280,5	West John IRE 2000	700
<b>M5</b>	WEST J. IRE 03	245	WEST J. IRE 03	157,5	WEST J. IRE 03	265	West John IRE 2003	667,5
<b>M6</b>	DIEU N. BEL 00	220	DIEU N. BEL 00	160	DIEU N. BEL 00	245	Dieu Noel BEL 2000	625
<b>M7</b>	Walker John ENG (06/04/2014)	195	Walker John ENG (06/04/2014)	115	Walker John ENG (06/04/2014)	225	Walker John ENG (06/04/2014)	535
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	BALL A. USA 97	177,5	BALL A. USA 97	97,5	DEXTER J. ENG 96	200	Ball Andre USA 1997	452,5
<b>T2</b>	MEEHAN TJ. IRE 06	240	STEVENS J. USA 96	145	STEVENS J. USA 96	250	Stevens John USA 1996	627,5
<b>T3</b>	BALIS M. USA 92	287,5	BALIS M. USA 92	182,5	MONTAGIE B. CAN 01	273	Balis Matt USA 1992	732,5
<b>JR</b>	HARRISON W. USA 97	310	VAN NIJLEN F. BEL 01	210	HARRISON W. USA 97	292,5	Harrison Wayland USA 1997	770
<b>SR</b>	HARRIOT L. ENG 98	350	Kashirin Alexey RUS (6/05/2012)	247,5	HARRIOT L. ENG 99	340	Harriot Les ENG 1999	900
<b>M1</b>	NORTON M. ENG 08	345	NORTON M. ENG 06	242,5	ANDREWS P. ENG 96	332,5	Harriot Les ENG 2001	885
<b>M2</b>	Norton Mark ENG (13/11/2011)	327,5	Norton Mark ENG (13/11/2011)	232,5	ROBERSON G USA 91	327,5	White Paul USA 1992	832,5
<b>M3</b>	PILLING L. ENG 07	302,5	PILLING L. ENG 05	200	ROBERSON J. USA 93	315	Pilling Les ENG 2005	790
<b>M4</b>	MIHAKA J. AUS 91	315	Ninaber Adrian CAN (28/10/2012)	195	MIHAKA J. AUS 91	290	Mihaka John AUS 1991	740
<b>M5</b>	WEST J. IRE 03	245	WEST J. IRE 03	157,5	WEST J. IRE 03	265	West John IRE 2003	667,5
<b>M6</b>	DIEU N. BEL 00	220	DIEU N. BEL 00	160	DIEU N. BEL 00	245	Dieu Noel BEL 2000	625
<b>M7</b>	Walker John ENG (06/04/2014)	195	LEONARD R. USA 91	135	Walker John ENG (06/04/2014)	225	Walker John ENG (06/04/2014)	535
<b>M8</b>		122,25		85		132,5		340
<b>M9</b>		110		77,5		120		307,5
<b>M10</b>		100		70		107,5		277,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DECHAMPS S. BEL 07	215	DECHAMPS S. BEL 07	110	DECHAMPS S. BEL 07	210	Dechamps Sebastien BEL 2007	535
<b>T2</b>	Dechamps S. BEL 2010	310	Dechamps Sebastien	175	Dechamps Sebastien	282,5	Dechamps Sebastien BEL 2010	767,5
<b>T3</b>	DECHAMPS J. BEL 07	265	VAN NIJLEN F. BEL 00	220	SABAT R. POL 92	280	Van Nijlen Filip BEL 2000	730
<b>JR</b>	Dechamps Jérôme	310	TAMARII JJ. FRA 03	210	Dechamps Jérôme	300,5	Dechamps Jérôme BEL 2010	790
<b>SR</b>	BARBARA P. FRA 92	355	Hawkins Ian ENG (19/04/2015)	263	PILLING G. ENG 07	342,5		902,5
<b>M1</b>	Tikhonov Maxim RUS 2009	350	Elliot Neil SCT 07/04/2013	250	O NEIL T. ENG 01	315	Tikhonov Maxim RUS 2011	877,5
<b>M2</b>	Penkert Richard IRL 2010	295	Tetzlaff Martin GER 08/09/19	225	WILLAN A. ENG 95	300		760
<b>M3</b>	ALLISON R. ENG 09	320	ALLISON R. ENG 07	208	ALLISON R.. ENG 07	282,5	Allison Ray ENG 2007	800
<b>M4</b>	Allison Ray SCT ( 22/4/12 )	301	Allison Ray ENG ( 22/4/12 )	200	Leadbetter Mike ENG 2009	285	Allison Ray ENG ( 22/4/12 )	785
<b>M5</b>	OLSON R. ENG 01	240	OLSON R. ENG 01	165	OLSON R. ENG 01	250	Olsen Roy ENG 2001	650
<b>M6</b>	OLSON R. ENG 09	215	OLSON R. ENG 08	160	OLSON R. ENG 08	240	Olsen Roy ENG 2008	600
<b>M7</b>	Olson Roy ENG 2011	200	Olsen Ray ENG (13/11/2011)	185	OLSON R. ENG 2011	230	Olsen Roy ENG 2011	585
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DECHAMPS S. BEL 07	215	DECHAMPS S. BEL 07	110	DECHAMPS S. BEL 07	210	Dechamps Sebastien BEL 2007	535
<b>T2</b>	Dechamps S. BEL 2010	310	Dechamps Sebastien	175	Dechamps Sebastien	282,5	Dechamps Sebastien BEL 2010	767,5
<b>T3</b>	STEWART W. USA 97	290,5	VAN NIJLEN F. BEL 00	220	SABAT R. POL 92	280	Van Nijlen Filip BEL 2000	730
<b>JR</b>	Dechamps Jérôme	310	TAMARII JJ. FRA 03	210	Dechamps Jérôme	300,5	Dechamps Jérôme BEL 2010	790
<b>SR</b>	SURREL E. USA 89	390	Hawkins Ian ENG (19/04/2015)	263	PILLING G. ENG 07	342,5	Welch G USA 1998	952,5
<b>M1</b>	Tikhonov Maxim RUS 2009	350	Elliot Neil SCT 07/04/2013	250	O NEIL T. ENG 01	315	Tikhonov Maxim RUS 2011	877,5
<b>M2</b>	SURREL E. USA 94	357,5	Tetzlaff Martin GER 08/09/19	225	WHITE P USA 93	322,5	White Paul USA 1993	847,5
<b>M3</b>	ALLISON R. ENG 09	320	ALLISON R. ENG 07	208	ROBERSON G. USA 94	310	Allison Ray ENG 2007	800
<b>M4</b>	Allison Ray SCT ( 22/4/12 )	301	Allison Ray ENG ( 22/4/12 )	200	Leadbetter Mike ENG 2009	285	Allison Ray ENG ( 22/4/12 )	785
<b>M5</b>	OLSON R. ENG 01	240	BONNAU C. CAN 08	227,5	OLSON R. ENG 01	250	Olsen Roy ENG 2001	650
<b>M6</b>	Krueger Gary USA (28/10/2012)	230	Krueger Gary USA (28/10/2012)	165	OLSON R. ENG 08	240	Krueger Gary USA (28/10/2012)	602,5
<b>M7</b>	Olson Roy ENG 2011	200	Olsen Ray ENG (13/11/2011)	185	OLSON R. ENG 2011	230	Olsen Roy ENG 2011	585
<b>M8</b>		127,5		87,5		137,5		352,5
<b>M9</b>		115		80		125		320
<b>M10</b>		102,5		72,5		112,5		287,5

# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0	0	
<b>T2</b>	Dechamps Sebastien	292,5	Dechamps Sebastien	162,5	Dechamps Sebastien	285	0	
<b>T3</b>	Dechamps Sebastien BEL (27/05/2	320	Dechamps Sebastien BEL (27/05/2	215	Dechamps Sebastien BEL (27/05/2	290	Dechamps Sebastien BEL (27/05/2	825
<b>JR</b>	DECHAMP J. BEL 08	300	VLAHOVIC M. CRO 01	185	DECHAMPS J. BEL 08	280	Dechamps Jérôme BEL 2008	765
<b>SR</b>	<b>BAKER A. ENG 00</b>	<b>390</b>	<b>SUSHCHACK V. RUS 06</b>	<b>260</b>	<b>BAKER A. ENG 00</b>	<b>347,5</b>	<b>Baker Audley ENG 200</b>	<b>970</b>
<b>M1</b>	Tikhonov Maxim RUS (13/11/2011)	337,5	Tikhonov Maxim RUS (28/10/2012)	237,5	Tikhonov Maxim RUS (28/10/2012)	285	Tikhonov Maxim RUS (28/10/2012)	842,5
<b>M2</b>	Tikhonov Maxim RUS (2/11/2014)	332,5	Tikhonov Maxim RUS (2/11/2014)	235	Sutton Pete WAL ( 22/7/12)	320	Tikhonov Maxim RUS (2/11/2014)	852,5
<b>M3</b>	Du Plessis Andre IRE (13/11/2016)	300	Du Plessis Andre IRE (13/11/2016)	200,5	Du Plessis Andre IRE (8/5/16)	290	Du Plessis Andre IRE (13/11/2016)	775
<b>M4</b>		0		0		0	0	
<b>M5</b>		0		0		0	0	
<b>M6</b>		0		0		0	0	
<b>M7</b>		0		0		0	0	
<b>M8</b>		0		0		0	0	
<b>M9</b>		0		0		0	0	
<b>M10</b>		0		0		0	0	

## WORLD RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		155		107,5		167,5	430	
<b>T2</b>	COLLIER A. USA 99	355	COLLIER A. USA 99	182,5	Dechamps Sebastien	285	Collier Aaron USA 1999	762,5
<b>T3</b>	Dechamps Sebastien BEL (27/05/2	320	Dechamps Sebastien BEL (27/05/2	215	Dechamps Sebastien BEL (27/05/2	290	Dechamps Sebastien BEL (27/05/2	825
<b>JR</b>	KREFELD B. CAN 01	320	KLEEFELD B. CAN 01	230	WERGES M. USA 96	307,5	Kleefeld Brad CAN 2001	835
<b>SR</b>	<b>BAKER A. ENG 00</b>	<b>390</b>	<b>SUSHCHACK V. RUS 06</b>	<b>260</b>	<b>PHILUPI M. USA 96</b>	<b>365</b>	<b>Baker Audley ENG 200</b>	<b>970</b>
<b>M1</b>	BATTLES M. USA 93	382,5	Tikhonov Maxim RUS (28/10/2012)	237,5	FORD J. USA 97	285	Battles Moses USA 1993	867,5
<b>M2</b>	Tikhonov Maxim RUS (2/11/2014)	332,5	Tikhonov Maxim RUS (2/11/2014)	235	Sutton Pete WAL ( 22/7/12)	320	Tikhonov Maxim RUS (2/11/2014)	852,5
<b>M3</b>	WRENN P. USA 97	305	Du Plessis Andre IRE (13/11/2016)	200,5	Du Plessis Andre IRE (8/5/16)	290	Du Plessis Andre IRE (13/11/2016)	775
<b>M4</b>	SMITH R. CAN 98	240	SMITH R. CAN 99	195	SMITH R. CAN 98	255	Smith Robert CAN 1999	532,5
<b>M5</b>		182,5		127,5		195	505	
<b>M6</b>		165		115		175	455	
<b>M7</b>		147,5		102,5		157,5	407,5	
<b>M8</b>		132,5		92,5		142,5	367,5	
<b>M9</b>		120		82,5		127,5	330	
<b>M10</b>		107,5		75		115	297,5	



# WDFPF POWERLIFTING RECORDS EQUIPPED EUROPEAN RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2		0		0		0		0
T3		0		0		0		0
JR		0		0		0		0
<b>SR</b>	ALEXEEV S. RUS 94	420,5	FITZHENRY D. IRE 06	300	ALEXEEV S. RUS 94	330,5	Alexeev Serhei RUS 1994	950
M1	DAVIES D. WAL 91	250	DAVIES D. WAL 91	140	DAVIES D. WAL 91	250	Davies Dilwyn WAL 1991	640
M2	DAVIES D. WAL 92	280	DAVIES D. WAL 92	147,5	DAVIES D. WAL 92	230	Davies Dilwyn WAL 1992	657,5
M3		0		0		0		0
M4		0		0		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

## WORLD RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		160		112,5		172,5		445
T2	Scott Jordan USA 13/07/2013	230	Scott Jordan USA 13/07/2013	130	Scott Jordan USA 13/07/2013	227,5	Scott Jordan USA 13/07/2013	587,5
T3	RICHARDS E. USA 97	300	RICHARDS E. USA 97	165	RICHARD E. USA 97	307,5	Richards Ernie USA 1997	772,5
JR	NICKLLES P. USA 98	250	NICKLESS P. USA 98	185	NICKLESS P. USA 98	255	Nickless Pete USA 1998	687,5
<b>SR</b>	HENRY M. USA 95	432,5	FITZHENRY D. IRE 06	300	HENRY M. USA 95	392,5	Henry Mark USA 1995	1060
M1	PATROW D. CAN 00	327,5	PATROW D. CAN 00	190	WRENN P. USA 91	302,5	Wrenn Paul USA 1991	800
M2	WRENN P. USA 94	342,5	WHEELER R. USA 98	205	WHEELER R. USA 98	290	Wheeler Rick USA 1998	827,5
M3		210		147,5		227,5		585
M4	Duncan William USA 24/6/17	227,5	Duncan William USA 24/6/17	160		215	Duncan William USA 24/6/17	592,5
M5		190		132,5		205		527,5
M6		170		120		185		475
M7		152,5		107,5		167,5		427,5
M8		137,5		97,5		150		385
M9		125		87,5		135		347,5
M10		115		80		122,5		315